

EARLY BIRD RUN April 29th, 2017

Place

Helena Valley Reservoir, York Road
Helena, MT US 59602

Description: These are fun, fast courses. The 1.5 mile is an out-and-back on a gravel road and is basically flat. The 5-mile continues beyond the shorter turn around point and is primarily on dirt, non-technical trail with a brief stretch of gravel road on the NE corner of the lake. The total elevation gain for the 5-mile route is about 60 feet. Both routes have a great view of the lake.

Location(s) for registration?

- Tread Lightly
- Helena Valley Reservoir (day of race)

Entry fee - 5 Miles

\$15 (25 with beanie)

Entry fee - 1.5 Mile

\$15 (25 with beanie)

Kids 5 and under are free.

AXIS hat from Sauce Headwear



Event details and schedule: Day of race entry & packet

pick up begin at 9AM. Both distances start at 10 AM. Awards ceremony after last racer finishes.

Name: _____ AGE: _____ 5 mile or 1.5 mile race

Phone: _____

NO hat: _____

Male: ____ Female: ____

By indicating your acceptance, you understand, agree, warrant and covenant as follows: I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in the event, including but not limited to falls, contact with other participants, effect of weather, traffic and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, representatives, successors and assigns, and all other persons associated with the event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event. If you are registering a child under the age of 18 or an incapacitated adult you represent and warrant that you are the parent or legal guardian of that party and have the legal authority to enter into this agreement on their behalf and proceeding with this event registration, you agree that the terms of this Agreement and Waiver shall apply equally to all registered parties. By registering a child under 18 you agree and consent to the collection of that child's information which you provide for the purposes of registration.

Signature: _____ Date: _____

MAIL ENTRY FORM TO: TREAD LIGHTLY, 335 N. LAST CHANCE GULCH, HELENA, MT 59601.